

African American Sports Legends Study Sheet

1. Wilma Rudolph First American woman to win three gold medals in track and field at a single Olympics.
2. Jackie Robinson Broke the color barrier in Major League Baseball, becoming the first African American player in the modern era.
3. Serena Williams Holds the most Grand Slam titles in singles, doubles, and mixed doubles combined among active players.
4. Jesse Owens Won four gold medals in track and field at the 1936 Berlin Olympics, defying Hitler's ideology of Aryan supremacy.
5. Muhammad Ali Renowned boxer who became the first three-time heavyweight champion of the world.
6. Althea Gibson Broke the color barrier in tennis, becoming the first African American to win a Grand Slam title.
7. Tiger Woods Dominant golfer who has won numerous major championships and redefined the sport's landscape.
8. Michael Jordan Widely regarded as the greatest basketball player of all time, winning six NBA championships with the Chicago Bulls.
9. Florence Griffith-Joyner Set world records in the 100m and 200m sprints that still stand today.
10. Arthur Ashe First African American man to win Wimbledon, the US Open, and the Australian Open.
11. Simone Biles Considered one of the greatest gymnasts of all time, winning multiple Olympic gold medals.
12. Jim Brown Hall of Fame football player who set numerous records and became an icon for social activism.
13. Venus Williams Highly accomplished tennis player who has won seven Grand Slam singles titles.
14. Bill Russell Led the Boston Celtics to 11 NBA championships, the most by any player in league history.
15. Carl Lewis Won nine Olympic gold medals in track and field, spanning four different events.
16. Gabby Douglas Olympic gymnast who became the first African American to win the individual all-around event.
17. Hank Aaron Broke Babe Ruth's home run record, finishing his career with 755 home runs.
18. Magic Johnson Legendary basketball player known for his flashy style and leadership on the court.
19. Simone Manuel Olympic swimmer who became the first African American woman to win an individual gold medal in swimming.
20. Usain Bolt Holds the world record in the 100m and 200m sprints and is widely considered the fastest man alive.